

COUNCILS REPORT

Status report March 2023



PHILIPPINE COLLEGE OF CHEST PHYSICIANS

11 Council Report 2022

- ☐ ASTHMA
- ☐ COPD
- ☐ CRITICAL CARE & PVD
- ☐ CONTROL OF TOBACCO AND AIR POLLUTION
- ☐ DIAGNOSTICS AND THERAPEUTICS
- ☐ INTERVENTIONAL PULMONOLOGY
- ☐ LUNG INFECTION
- ☐ LUNG MALIGNANCY
- ☐ SLEEP MEDICINE
- ☐ OCCUPATIONAL & INTERSTITIAL LUNG DISEASES
- ☐ TUBERCULOSIS

Council Definition

A PCCP council is a grouping of PCCP members with a shared interest in any of the following:

1. pulmonary subspecialty
2. respiratory condition or disease
3. specialized pulmonary procedures
4. auxiliary services advancing pulmonary knowledge or advocacy

Council Objectives

- A. Serve as source of information, scientific evidence and medical literature concerning assigned specific respiratory disease or skill
- B. Develop, implement and disseminate clinical practice guidelines, position statements or consensus reports for health professionals
- C. Develop and disseminate educational resources for patients
- D. Undertake related advocacy activities to promote healthy lungs and prevention and management of pulmonary disorders
- E. Develop multicenter research protocols that will impact on health policies or national guidelines
- F. Establish material registry of diseases

Council Core Functions

- A.CME or educational resources for Health Care Professionals
- B.Clinical Practice Guidelines
- C.Educational resources for patients
- D.Advocacy
- E.Research/Disease Registry

COUNCIL ON BRONCHIAL ASTHMA



Josephine Blanco - Ramos, MD, FPCCP
Chairman, Council on Bronchial Asthma

The Bronchial Asthma Council has 155 Active Members,

CME



Boehringer Ingelheim In partnership with

Meet the Expert

Prof. Michael Kreuter
Pulmonologists, Germany

12 February 2022 (Saturday) 6:00-7:00 PM

To discuss the latest updates on progressive fibrosing interstitial lung disease.

Register Now >>>

Dr. Julie Christo Vlasquez
Chair, Pulmonology Society of the Philippines

Dr. Glenda Mae Comenares
Moderator

1. This activity is intended for health care professionals only in accordance with applicable provisions of the PRC Code of Practice and the Department of Health Administrative Order 2015-001.

Boehringer Ingelheim In partnership with

Meet the Expert

Prof. Paolo Spagnolo
Pulmonologist, Italy

24 June 2022 (Friday) 7:00-8:00 PM

To discuss the latest updates on progressive pulmonary fibrosis.

Scan to register >>>

Click here >>> <https://tinyurl.com/4Sd9afci>

Dr. Joel Santiago
Chair, Pulmonology Society of the Philippines

Dr. Albert Alkay
Moderator

1. This activity is intended for health care professionals only in accordance with applicable provisions of the PRC Code of Practice and the Department of Health Administrative Order 2015-001.

DIRM

DIGITAL INTERNATIONAL RESPIRATORY MEETING 2022

Insights from the GINA Guidelines

Speaker: Professor Helen Reddel, MBBS PhD FRACP



Prof. Reddel is a Research Leader at the Woolcock Institute of Medical Research at the University of Sydney; Director of the Australian Centre for Airways Disease Monitoring (ACAM) and a respiratory physician at Royal Prince Alfred Hospital. As Chair of the Global Initiative for Asthma (GINA) Science Committee, Prof. Reddel has led major evidence-based changes in clinical recommendations for asthma management, with a strong focus on making guidelines not only evidence-based

SAVE THE DATE
May 28, 2022 Saturday | 4:00 PM (PH Time)
with 5 CME Points



REGISTER HERE

CORDIALLY INVITE YOU TO

-2022- VIRTUAL CARAVAN

Optimizing treatment outcomes for **Severe Allergic Asthma and Chronic Spontaneous Urticaria with Biologics Therapy**

Speaker: Maria Carmen D. Ang, MD, FCCP, FPSAI

Moderator: Julie de Leon, MD, FPSAI

DATE & TIME: April 27, 2022 | 6:00-7:30PM

JOIN US ON ZOOM
CLICK HERE!
Webinar ID: 879 0810 5021

Please review product information before prescribing. Your use is subject to the full disclaimer on file.

This event is exclusive for invited healthcare professionals only. The content is intended for healthcare professionals for medical education purposes only. Content of the participating physicians are based on their experience to date. Novartis does not engage in the promotion of unapproved products or unapproved indications.

PH020208021-03-19-2022-MCA

Asthma Patients' and Physicians' Perspectives on the Burden and Management of Asthma (APPaRENT 1)

ROUND TABLE DISCUSSION

Thursday, FEBRUARY 24, 2022
7:00 - 8:00PM

Prof. Elisegran Iruen
Respiratory Medical Expert
GSK

Moderator: Dr. Edwin Villasanta

Access here:
bit.ly/gskAPP022422
Meeting number: 2361 914 8216
Password: gsk

This online learning is included as part of the continuing medical education program of the Philippine College of Chest Physicians and should not be regarded as an endorsement of any product.

For Healthcare Professionals Only
NLP-PH-FPS-PSITB-2200001 | February 2022
2361 The Finance Centre, 28th St., cor. 9th Ave.
Boracay Island, Cebu City, Cebu 6000
Tel No. 0322 8892 3165

The Philippine College of Chest Physicians presents:

SAD MATTERS

- Early Detection of Small Airways Disease: What We need to know?
- RWE Asthma Case Sharing

Speakers:
Prof. Diahn Warg Perng
Hans Jeremy Ramos, MD, FPCCP

Moderator:
Josephine Ramos, MD, FPCCP

October 12, 2022
6:30pm - 8:00pm
Zoom platform

Scan here:

PCCP CME Units = 5 units

GSK RESPIRATORY MEDICAL EDUCATION WEBINAR

UPDATES IN ASTHMA:

Why's and How's of Proactive Control

LEARNING OBJECTIVES:

- Discuss the recently published data on "Pharmacology Versus Convenience: A Benefit/Risk Analysis of Regular Maintenance versus Infrequent or As-Needed Inhaled Corticosteroid Use in Mild Asthma".
- Discuss the clinical application of new data, through practical strategies in improving adherence in asthma.

Friday, March 25, 2022
7:00 - 8:15 pm
<https://bit.ly/gskUIA032522>
Meeting number: 2366 367 8106
Password: gsk

Dr. Bella Siasoco
Speaker
Former Chair
PCCP Council on Asthma

Dr. Tomas Realiza
Speaker
Medical Consultant
GSK Philippines

Dr. Caroline Bernadette Ignacio
Moderator
Medical Affairs Manager
GSK Philippines

This online learning is included as part of the continuing medical education program of the Philippine College of Chest Physicians and should not be regarded as an endorsement of any product.

This webinar is made possible through a CME initiative of GSK.

For Healthcare Professionals Only
GSK Philippines via these contact details:
Adherence events: gsk.adherence@ph.com
Product complaints: PH.GSK.complaints@ph.com or 0917 889 7050

For Healthcare Professionals Only
GSK Philippines via these contact details:
236 The Finance Centre, 28th St., cor. 9th Ave.
Boracay Island City, Tagaytay City
Tel No. 0322 8892 3165

ADVOCACIES



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
ASTHMA COUNCIL
CELEBRATES

WORLD ASTHMA DAY 2022:
CLOSING GAPS IN ASTHMA CARE

#REALTALK
Usapang hika

MAY 3, 2022 TUESDAY, 5:00 PM
PCCP HEAD OFFICE FB PAGE VIA ZOOM

A graphic for World Asthma Day 2022 featuring a large blue puzzle piece with a white star in the center, surrounded by smaller puzzle pieces. Below the puzzle piece is a stylized illustration of a person sitting at a desk with a computer monitor and a lamp. The background is a light blue and green gradient.

RADYO LA VERDAD
1350 kHz
TESDA
TWITTER ACCOUNT
twitter.com/tesdaofficial
EXCHANGE RATE
BND PHP 40.35
BRUNEI DOLLAR

LIVE VIA ZOOM

DR. MITHI KALAYAAN ZAMORA
Member, Asthma Council-Philippine College of Chest Physicians

UNTV
PUBLIC SERVICE

PAGBEBENTA NG J&J TALC-BASED BABY POWDER, IHIHINTO NA SA 2023 • SERBISYONG BA 04:36 PM

A video frame showing Dr. Mithi Kalayaan Zamora, a woman with dark hair and glasses, wearing a yellow top, speaking during a live broadcast.

AUGUSTO P. SARMIENTO CANCER INSTITUTE
Lung Cancer Awareness Month

OKS KA LUNG?

A lay forum on Lung Health and Lung Cancer Prevention & Early Detection

November 25, 2022, 10:00 AM
6/F, Augusto M. Barcelon Auditorium & via **LIVE**

SPEAKERS:

- Dr. Christine Chavez: Early Detection of Lung Cancer through screening
- Dr. Josephine B. Ramos: Update on Lung Cancer Statistics in the Philippines and the Burden of the Disease
- Dr. Allan Bacayana: Smoking Hazards and the Health Benefits of Quitting

PANELISTS:

- Dr. Francis Miller: Thoracic Surgery
- Dr. Josephine G. Santos: Thoracic Medical Oncology
- Dr. Daniel Josef: Radiation Oncology
- Dr. Joyce Maglano: Pathology
- Mr. Michael Tenga: Smoking Cessation
- Mr. Rodolfo Peralta: Public Health

MODERATORS:

- Dr. Laurence Aragon: Medical Oncology Fellow
- Dr. Jon Ruel: APSC Program and Advisory Officer

To register & send your questions in advance, scan the QR code or visit tmcp-ph.co/OKsKaLUNG2022
Wear your best denim jeans. #DenimFridays
For inquiries, contact APSCI at 8988-1000 ext. 6214

THE MEDICAL CITY
HEALTH PARTNERS AND SPECIALISTS

Accredited by the Joint Commission International

A poster for the "OKS KA LUNG?" event, featuring a blue background with a white ribbon around a lung illustration. It lists speakers, panelists, and moderators, along with registration information and a QR code.

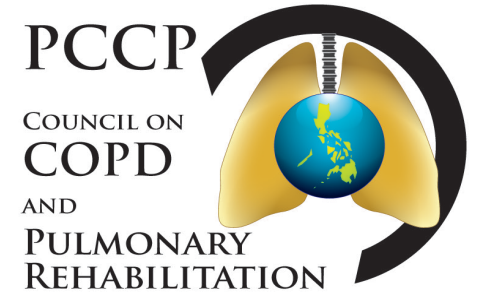
TRAINING: PCP BOOTCAMP ON INHALERS



2023 PROJECTS

- Advocacies:
 - World Asthma Day
- CME/Education
 - Revive ACCP-PCCP Asthma Council partnership for Asthma Education
- CPG on Asthma for Primary Care
- Asthma Registry

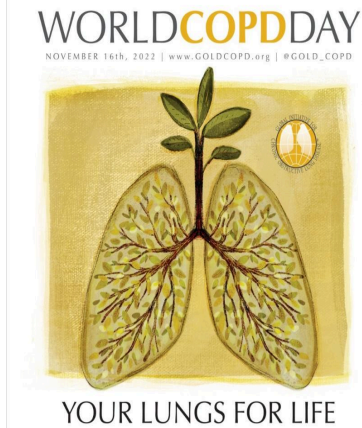
COUNCIL ON COPD AND PULMONARY REHABILITATION



Bernice Ong-Dela Cruz, MD, FPCCP
Chairman, Council on COPD and Pulmo
Rehab

The COPD and Pulmo Rehab Council has
241 active members.

Advocacies/Lay Forum



Philippine College of Physicians
Committee on Media Communication
PCP HEALTH FORUM
in collaboration with the
Philippine College of Chest Physicians

“Your Lungs for Life”

Rhea Anne C. Celis, MD, FPCP
SPEAKER

GUINEVERE DY-AGRA, MD, FPCP
MODERATOR

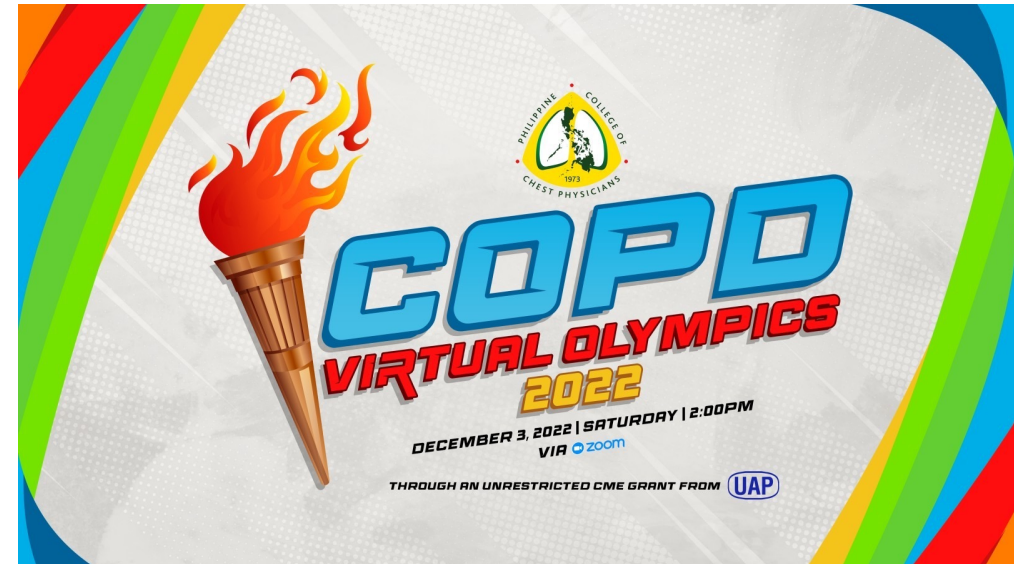
YOUR LUNGS FOR LIFE

Webinar ID: 818 8356 6619
Webinar Passcode: 467142

November 22, 2022
TUESDAY | 10:00 AM
PCP Facebook Live & Zoom

You can also **SCAN** this QR Code to register

PCP Official page | @Philippinecollegeofphysicians | @pcp1953 | www.pcp.org.ph



CME

LUNG MONTH SYMPOSIUM

"Post-Pandemic Reset: Recalibrating Pulmonary Diagnostics, Advancing Practical Therapeutics"

Aug. 26, 2022 / Friday / 5:30PM via **zoom**

Panel of Speakers

PULMONARY FUNCTION TESTING DURING THE COVID-19 PANDEMIC AND BEYOND
MARIA CRISTINA A. MARANION, MD, FPCP, DPCCP

INHALATIONAL THERAPY PANDEMIC AND BEYOND: TO NEBULIZE OR NOT TO NEBULIZE?
REINALYN CARTAGO-LUCENO, MD, FPCP, FPCCP

PULMONARY REHABILITATION CENTERS POST-PANDEMIC: BUSINESS AS USUAL?
PERCIVAL A. PUNZAL, MD, FPCP, FPCCP

MODERATOR:
BERNICE ONG-DELA CRUZ, M.D., FPCP, FPCCP, FSCCM

In partnership with **UAP**

Scan me

Philippine College of Physicians
Committee on Media Communication
PCP HEALTH FORUM
in collaboration with the
Philippine College of Chest Physicians

"Your Lungs for Life"

Rhea Anne C. Celis, MD, FPCP
SPEAKER

GUINEVERE DY-AGRA, MD, FPCP
MODERATOR

YOUR LUNGS FOR LIFE

Webinar ID: 818 8356 6619
Webinar Passcode: 467142

November 22, 2022
TUESDAY | 10:00 AM
PCP Facebook Live & Zoom

You can also **SCAN** this QR Code to register

Save

GSK RESPIRATORY MEDICAL EDUCATION WEBINAR
BENEFITS OF EARLY OPTIMIZATION:
Role of triple therapy in COPD

LEARNING OBJECTIVES:

- Discuss the unmet need in COPD, in terms of high symptom burden and exacerbations.
- Discuss the benefits of early initiation of triple therapy in COPD patients, at risk of exacerbation, based on current evidence.

TIM S. TRINIDAD, MD, FPCP, FPCCP
Speaker

Wednesday, August 31, 2022
7:00 - 8:00 pm

Zoom: <https://bit.ly/BE0083122>
Meeting number: 867 1379 2567
Password: Copd123#

CAROLINE BERNADETTE KAY KAGNACIO, MD, FPCP, FPCCP
Moderator

Scan to register

DEPARTMENT OF HEALTH INTEGRITY POLICY

LA UNION HYMN

PULMONARY REHABILITATION WORKSHOP

Resource Speakers:
BERNICE ONG-DELA CRUZ, MD, FPCP, FPCCP
STEFANI MOYVA M. PARAGUS, MD, FPCP, FPCCP
MARIA GEMMA A. BETOS, R

NOVEMBER 17-18, 2022
9:00 AM-5:00 PM
RENAISSANCE HALL, LOCOS TRAINING AND REGIONAL MEDICAL CENTER

GSK invites you to:

Immunization among COPD patients: What's up and What's new?

Speaker:
Ricardo C. Zotomayor, MD, FPCCP

Moderator:
Joselito C. Javier, MD, FPCP

Date: 10 February 2023
Time: 7:00 PM to 8:00 PM
Virtual Platform: ZOOM

Registration Link:
<https://bit.ly/GskVaccWeb021023>

Webinar ID: 892 5373 3042
Password: Gsk#1123

THE PRESENT AND FUTURE OF PULMONARY REHABILITATION VIA ZOOM

LENORA C. FERNANDEZ, MD, FPCCP
SPEAKER
Role of Pulmonary Rehabilitation in Chronic Lung Diseases

PERCIVAL A. PUNZAL, MD, FPCCP
SPEAKER
In-patient Pulmonary Rehabilitation

BERNICE O. DELA CRUZ, MD, FPCCP
MODERATOR

FRIDAY
25 NOV., 2022
6PM - 7:45PM

Scan to register
<https://bit.ly/2022pulmorehab>

Boehringer Ingelheim

The 7th Respiratory Exchange Forum: Contemporary Perspectives in the Management of COPD

SPEAKER
Prof. Omar Usmani (UK)

SPEAKER
Dr. Richard Russell (UK)

SPEAKER
Prof. Kwang Ha Yoo (KR)

SPEAKER
Prof. Chin Kook Rhee (KR)

SPEAKER
Dr. John Blakey (AU)

SPEAKER
Dr. Lenora Fernandez (PH)

August 27, 2022
2:00pm - 4:30pm

<https://www.boehringer.com/philippine/respiratory-exchange/cid=RRX27Aug2022>


Patient Resources

For more information about COPD management at home, scan the QR codes or use the links below.

Living well with COPD:
Home Exercises for COPD patients
through the initiative of

PCCP
COUNCIL ON
COPD
AND
PULMONARY
REHABILITATION

**BREATHE FREELY.
LIVE FULLY.**
BREATHE FREELY.
LIVE FULLY.
WWW.BREATHEFREELY.PH




Home Exercises for COPD

<https://www.breathefreely.ph/lifestyle-hub/healthy-lifestyle-tips/home-exercises-for-copd/>



Breathing Exercises & Techniques for COPD

<https://www.breathefreely.ph/lifestyle-hub/healthy-lifestyle-tips/breathing-exercises-techniques-for-copd/>



Coping with COPD
Conserving your Energy

<https://www.breathefreely.ph/lifestyle-hub/healthy-lifestyle-tips/coping-with-copd-conserving-your-energy/>

This multimedia advocacy is made possible through a grant from

UAP
Valuing Life. Breathe Freely.

If you want to know more about COPD must-knows and practical information, download your copy now through the QR code or link provided below.

Learn and be guided on how to properly use inhaler gadgets. Scan the QR code or access the link.



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
COUNCIL ON COPD AND PULMONARY REHABILITATION

COPD patient Education Booklet - Tagalog

ENGLISH VERSION

PATIENT EDUCATIONAL BOOKLET
CHRONIC OBSTRUCTIVE PULMONARY DISEASE



<http://philchest.org/xp/wp-content/uploads/2020/11/COPD-ed-Tagalog-version.pdf>



Metered dose inhaler device

<https://www.breathefreely.ph/devices/metered-dose-inhaler/>



Dry powder inhaler device

<https://www.breathefreely.ph/devices/dry-powder-inhaler-single-dose/>

Pocket cards with QR code for patients on line educational materials

Future Plans

- Dissemination/ cascading of COPD CPG guideline for primary care
- Research outputs from CPASS and BOLD study and publication of outputs
- Ilocano version of the COPD patient educational booklet
- Formation of sub council on Pulmonary Rehabilitation



The PCCP Council on Critical Care Medicine and Pulmonary Vascular Diseases

Maria Paz B. Mateo, MD, MHA

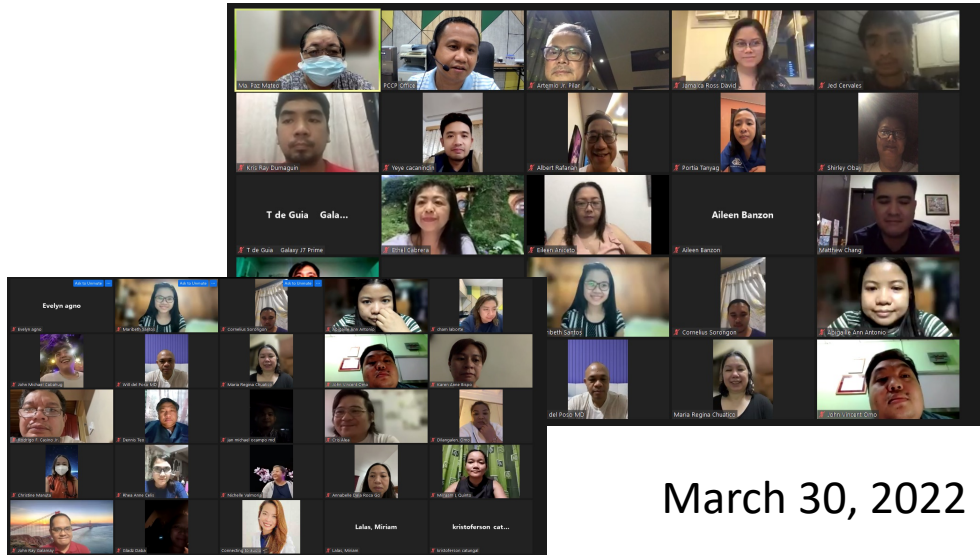
FPCP, FPCCP, FPSCCM

Chairman, Council on Critical Care Medicine &
Pulmonary Vascular Diseases

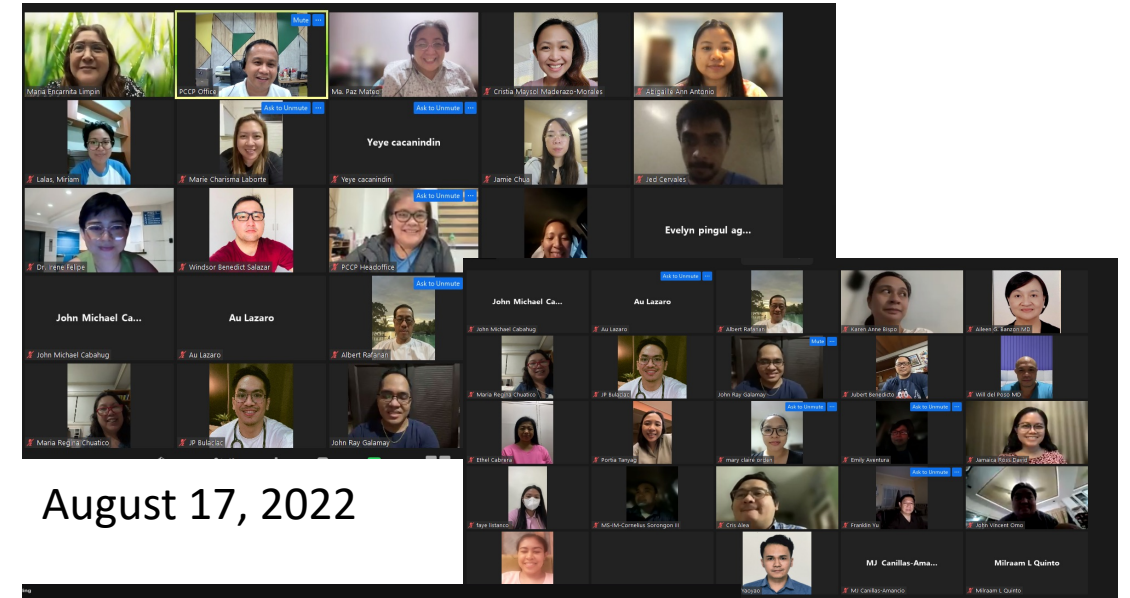
***125 members, 97 in viber group**



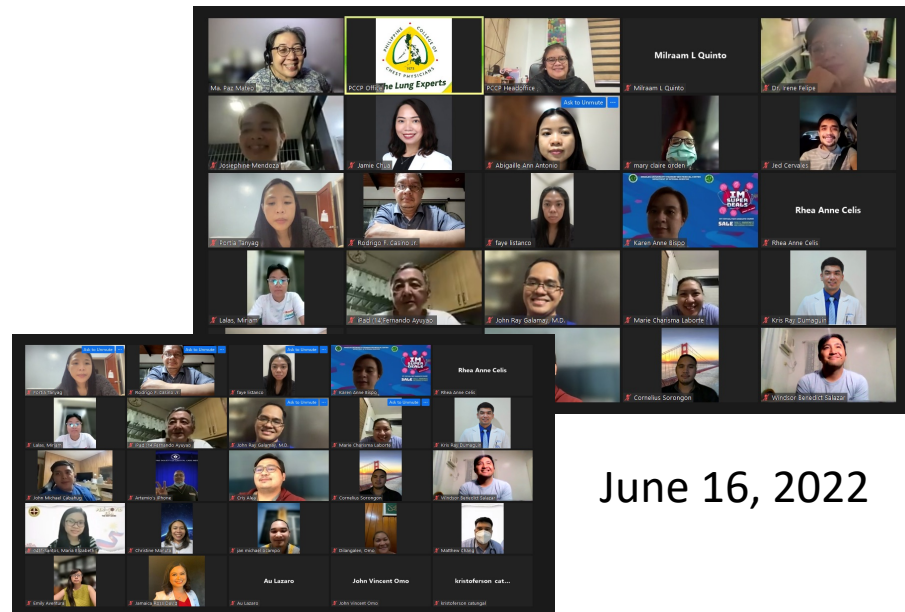
Virtual Council Meetings



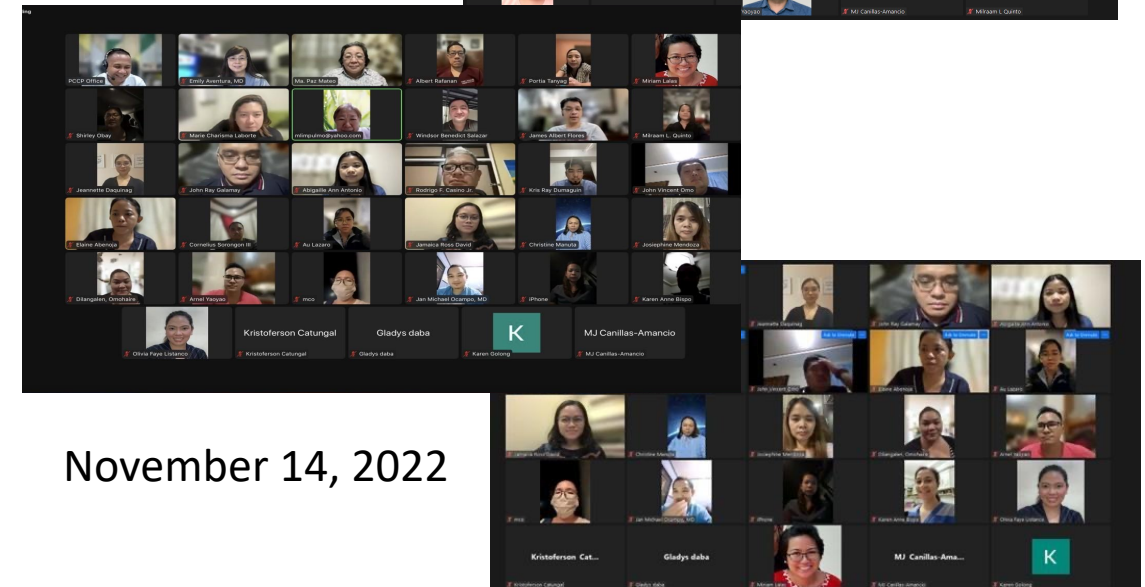
March 30, 2022



August 17, 2022



June 16, 2022



November 14, 2022

EBM Workshop

- Coordinated for the conduct of EBM Workshop
- 11 members from our council joined the EBM workshop for 6 days. Thursdays and Fridays of July 28, 29 and August 4, 5 and August 11, 12, 29, 2022



Asia Pacific Center for
Evidence Based Healthcare

EVIDENCE-BASED MEDICINE WORKSHOP PROGRAM

Attendance to Workshop

- 3 days PCCP Registry and Research Workshop by Cancer Care Registry and Research Philippines Foundation Inc. last October 1, 8, 29, 2022
- 2 members of Registry committee

Attendance to Annual Conventions

PCCP Chest 2022

Convention Symposium 1: State of the Art Review on ARDS

02 March 2021 (Wednesday), 09:00am to 10:30am

Prone Positioning in ARDS

Rodolfo Roman T. Bigornia, MD, FPCCP

Role of HFNC Oxygen in Acute Hypoxemic Respiratory Failure

Ronald U. de Roxas, MD, FPCP, FPCCP

Tracheostomy Decision Making among Chronically Ventilated Intubated Patients and Clinical Outcomes

William E. del Poso, MD, FPCP, FPCCP

PLENARY SESSION 6:

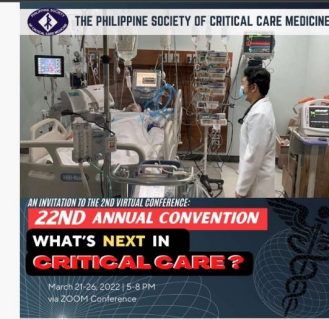
Improving Survival among Critically ill Patients with COVID19 ARDS

PROF. LUCIANO GATTINONI (GERMANY)

04 March 2022 (Friday), 09:45 AM to 10:30 AM

Chair: Ma. Paz B. Mateo, MD, FPCP, FPCCP

Philippine College of Chest Physicians
2022 Annual Convention March 2-4, 2022



THEME: WHAT'S NEXT IN CRITICAL CARE?

The Philippine Society of Critical Care Medicine, 22nd Annual Convention

Objectives:

1. To be able to look into the other means that we may provide to and manage our critically ill patients
2. To look into what to expect on the next level of critical care management

Philippine Society of Critical Care Medicine
22nd Annual Convention March 21-26, 2022



J&J SOUTHEAST ASIA PULMONARY HYPERTENSION SUMMIT 2022

SATURDAY
AUG 6
9.30 AM

Session 1
The way forward in optimising diagnosis and management of CTD-PAH

9.30 AM	Opening remarks <i>Dr. Maria Paz B. Mateo (PH)</i>	Dr. Maria Paz B. Mateo (PH)
9.35 AM	Watching out for bumps on the road <i>Pitfalls in screening, diagnosis and advanced treatment of PAH in scleroderma and other CTDs</i> <i>Prof. Susanna Proudman (AU)</i>	Prof. Susanna Proudman (AU)
10.05 AM	Charting the course <i>Best practice in building referral pathways for the management of CTD-PAH – A rheumatologist's perspective</i> <i>Clin. Assoc. Prof. Andrea Low Hsiu Ling (SG)</i>	Clin. Assoc. Prof. Andrea Low Hsiu Ling (SG)
10.20 AM	Adjusting the sails in PAH management <i>Rising to the challenges in CTD-PAH management: A case study</i> <i>Dr. Shereen Ch'ng Suyin (MY)</i>	Dr. Shereen Ch'ng Suyin (MY)
10.35 AM	Panel discussion <i>Dr. Maria Paz B. Mateo (Moderator), Prof. Susanna Proudman, Clin. Assoc. Prof. Andrea Low Hsiu Ling, Dr. Shereen Ch'ng Suyin</i>	
10.55 AM	Closing remarks <i>Dr. Maria Paz B. Mateo</i>	Dr. Maria Paz B. Mateo

Council Members (PVD) served as Moderators to the J&J Southeast Asia Pulmonary Hypertension Summit 2022:

1. Maria Paz B. Mateo, MD-
August 6, 2022
2. Ivan N. Villespin, MD-
August 13, 2022

World Sepsis Day Webinar September 13, 2022



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
THE COUNCIL ON CRITICAL CARE AND PULMONARY VASCULAR DISEASES

Bridging Gaps in the Continuum of Care in Sepsis

World Sepsis Day
September 13, 2022 (Tuesday)
5:00 PM

SPEAKERS



JENNIFER ANN L. CANTRE, MD, FPCC
Cardiologist - Critical Care Specialist




JAIME C. MONTOYA, MD, FPSMID
Infectious Disease



JUBERT P. BENEDICTO, MD, FPCCP
Pulmonologist - Critical Care Specialist

zoom
Video Communications
MEETING ID: 891 8813 7957
PASSCODE: 614114



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
THE COUNCIL ON CRITICAL CARE AND PULMONARY VASCULAR DISEASES

INFOGRAPHICS MAKING CONTEST in celebration of the WORLD SEPSIS DAY (September 13, 2022)

MECHANICS FOR INFOGRAPHICS MAKING CONTEST:

1. Deadline for submission of entries: September 10, 2022, 12 midnight.
2. The infographic making contest is a creation of a one page vertical infographic on "All about Sepsis". The infographic must be easy to understand and applicable to multiple audiences.
3. Only 1 entry each per PCCP accredited training hospitals/ institutions; and, PCCP Chapters. By participating in this contest, the participating party attests that the submitted infographic content and design is originally created and no other party has any right, title, claim or interest in the infographic. Plagiarism is not allowed.
4. All infographics designs and content should be made through group effort, by any Pulmonary fellow in training of a PCCP accredited training hospital and a PCCP member of each chapter. No professional IT designer shall be hired/ employed to do the infographics design.
5. All entries shall be submitted via email to PCCP thru philchestorg@gmail.com and all entries will become a property of PCCP. These will be posted at the PCCP Facebook page.
6. Entries should have the following details: A Storyboard, design, graphics, and images, with visual appeal, information and content supported by reputable research articles. Cite the sources appropriately in text and use references that adheres to APA format.
7. The infographic must be a one page vertical infographic submitted in PNG file, PDF file.
8. The optimal size is generally between 5000-8000 pixels in length and 735 pixels wide.
 - a. Must be eye catching. No crowding of texts of information, lesser is better.
 - b. Must be usable in all forms of media and social media (FB, Viber, twitter etc.)
 - c. Must be easily translated into other languages or dialects other than English.
 - d. Do not include in your submitted infographic design the names of your institution, authors and affiliations. Please submit them separately thru email:
Title of Infographic, Date of submission, Name of author, group, institution, organization or chapter, Email address and Infographic description (100 words or less).
 - e. Not following instructions and Incomplete details will forfeit your infographic entry.
9. Judging of the Infographics Making Contest will be based on the following criteria:

a. Content	- 40%
b. Focus	- 30%
c. Visual appeal	- 25%
d. Viewers Impact	- 5%
10. All participating entries will be given a Certificate of Participation. Cash prizes and a Certificate of Recognition will be given to the 3 winning entries and will be announced at the World Sepsis Day webinar meeting on September 13, 2022.

Future activities

- CME
 - Lung Transplantation (Webinar): April 2023
- Advocacies
 - World PH day (Webinar) : May 5, 2023
 - Participation to August Lung Month: August 2023
 - World Sepsis Day (Webinar): Sept, 2023
 - VTE awareness Program (Webinar): October 2023
- CPG
 - Respiratory Care of the Critically Ill (2023-24)
 - Withdrawal and Withholding of Ventilatory Support

Council on Tobacco and Air Pollution



**Glynna A. Ong - Cabrera, MD,
FPCCP**

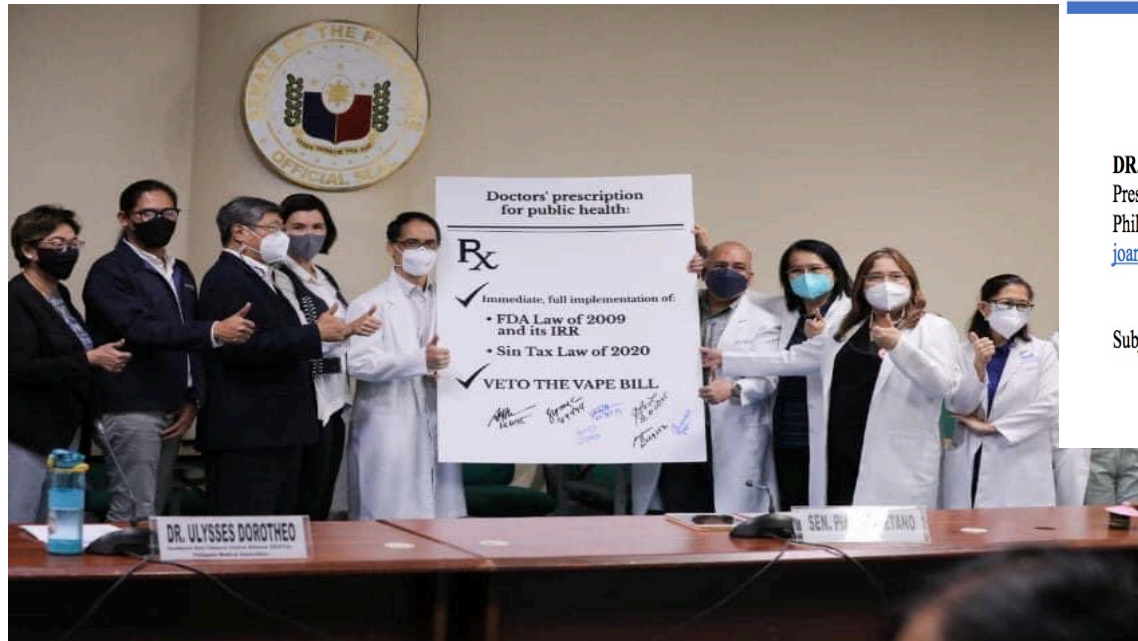
Chairman, Council on Tobacco and
Air Pollution

84 active members

Collaborations



Department of Environment and Natural Resources
ENVIRONMENTAL MANAGEMENT BUREAU
DENR Compound, Visayas Avenue, Diliman, Quezon City 1116
Tel.Nos. (632)927-1517; 928-3725; Fax No.(632)920-2258
Website: www.emb.gov.ph Email: recordsco@emb.gov.ph



DR. IMELDA MATEO

President

Philippine College of Chest Physicians

joan.cala@philchest.org; imeemateomd@gmail.com

Subject: Invitation for the Members of the Interagency Committee on Environmental Health (IACEH) to the 2nd Consultative Meeting for the Draft Policy on the National Ambient Air Quality Guideline Values for Additional Hazardous Air Pollutants

- Participated in campaign against the Vape Bill
- DENR
- WHO (BTI)
- Health Care Without Harm



Advocacies

- World No Tobacco Day
 - Radio shows
 - Tiktok
 - Contests
 - Tweetchats

OPLAN SIBAK:
Sigarilyo atbp.
Banta sa Kapaligiran

TikTok CHALLENGE

HERE'S HOW TO JOIN:

- 1) Open to all PCCP Chapters and Training Institution.
- 2) Post the video on your official FB page using the hashtag #SigarilyoBalakidsaKapaligiran2022 upon receipt of an approval prompt from the PCCP.
- 3) Share the video on the PCCP Headoffice FB page.
- 4) Deadline is on May 25, 2022, 11:59 PM.
- 5) Visit PCCP Headoffice FB page for details.

WINNERS AND PRIZES

First Place :	15,000.00
Second Place :	12,000.00
Third Place :	10,000.00

Tweets Tweets & replies Media Likes

Earl Louis Sempio @earlouismd · 50m ...
Join us at 9PM as we talk about smoking and health. "Tobacco: Threat to our environment"
#WorldNoTobaccoDay2022 #PCCP2022 @Docrsp @ericmoral @philchestorg @pccp_lunginfexn @PCCP_LungCA @GlynnnaCabrera @maricarlimpin @pulmodocjubert @julievmd1 @peachynatividad @TimTrinidadtim

World No Tobacco Day 2022 May 31
"Tobacco: Threat to our environment"
Tobacco use damaging at every stage
From start to finish, the tobacco life cycle is an overwhelmingly polluting and damaging process. Air pollution caused by smoking springs to mind, but damage occurs across the

PCP SA RADYO VERITAS
I.M. INFORMED!
(Dagdag Kaalaman sa Pangkalahatang Kalusugan)
BAGONG TAON SALUBUNGIN, MGA DAPAT IWASAN SA PAPUTOK ALAMIN
IT'S TIME TO VAC-UP!
PROTECT. CONTROL. PREVENT.

GUEST:
DR. FAYE KARISSA LOURDES BAUTISTA, FPCP
DECEMBER 31, 2022
Saturday, 9:00 AM - 10:00 AM

ANCHORS:
DR. GAIL TURALBA, FPCP
FR. JOEL SABALLA

TUNE IN & WATCH LIVE @:
RADYO VERITAS FACEBOOK PAGE / PCP FACEBOOK PAGE / SKY CABLE CHANNEL 211 / DZRV-AM, VERITAS 846

#SamaSamaTayoPilipino
OPERATION TULONG
DZRHTV

DR. GLYNNNA ONG-CABRERA
LUNG CENTER OF THE PHILIPPINES

HEADLINES
DOLE, NALILITAN SA P537 MINIMUM

09:46 am | Mar 03 2022 | SAR RIAL 13.6602 | BRUN \$ 37.625 | IN

DR. GLYNNNA ONG-CABRERA
PROGRAM DIRECTOR, LUNG CENTER OF THE PHILIPPINES
JUNE 7, 2021

“Kapag ikaw ay addict sa sigarilyo tsansa na magkaroon ka ng emphysema, pwede kang magkaroon ng problem sa puso or coronary artery disease at syempre it lowers immune system. When you are a smoker, it increases your chance to have comorbidities.

Comorbidities ang isa sa mga nagiging kadahilanan kung bakit nagiging severe 'yung kaso (COVID-19).

SMNI NEWS CHANNEL
SMNI News Channel
smnnewschannel.com
TRUTH THAT MATTERS

#SamaSamaTayoPilipino
Sama-sama
DZRHTV

DR. GLYNNNA ONG - CABRERA
PROGRAM MANAGER SMOKING CESSATION
PROGRAM LUNG CENTER OF THE PHILIPPINES

HEADLINES
PAGREPASO SA OIL DEREGULATION LAW, IPAUBAYA NA LANG SA SUSUNOD NA ADMINISTRASYON - SEN. DRILON

COUNCIL ON CONTROL FOR TOBACCO AND AIR POLLUTION

Digital Creative E-Poster Contest
E-HINGA: "Sigarilyo atbp., Banta sa Kalikasan"

Submission begins at 1:00pm MAY 15, 2022
and ends at 12 noon on JUNE 30, 2022.
For details of rules and mechanics,
Please contact the Secretariat.

CME



#Health4Climate

a learning series towards action
in South East Asia

International Day of Clean Air for Blue Skies

a special session | Policy Roundtable Discussion

AIR QUALITY AND PEOPLE'S HEALTH

Prescribing Clean Air

7th of September 2022 (Wednesday)
(in person) | 1:00 – 3:00 PM

Philippine College of Chest Physicians (PCCP) HQ
84-A Malakas Street, Pinyahan Diliman, Quezon City, Philippines

REGISTER TODAY: bit.ly/RTDAirPollutionHealth
For any assistance, please email msahal@hcwh.org or poliva@hcwh.org

 This special session is made possible
through the support of the Philippine
College of Chest Physicians





Philippine College of Physicians

Committee on Media Communication

PCP Health Forum

THE HEALTH ESSENTIALS THIS CHRISTMAS SEASON

Tuesday, 13 December, 10:00am
Webinar ID: 842 5261 8942
Password: 382475




DIANA A. PAYAWAL, MD, FPCP
SPEAKER


FRANCES GAIL M. TURALBA, MD, FPCP
SPEAKER


RONALD D. PALMA, MD, FPCP
SPEAKER


GINGERLITA B. ALLA-SAMONTE, MD, FPCP
MODERATOR

PCPOfficialpage @PhilippineCollegeofPhysicians @pcp1953 www.pcp.rg.ph



 **COUNCIL ON CONTROL FOR TOBACCO AND AIR POLLUTION**

World No Tobacco Day 2022 Forum

**"SIBAK: Sigarilyo atbp., Banta sa Kalikasan
E-VAPE: Huwag E-VALI wala"**

May 31, 2022 | 2:00 PM

Speakers:


The ill and Thrill Effects of VAPING
MA. ENCARNITA C. BLANCO-LIMPIN MD, FPCP, FPCCP
President, Philippine College of Physicians


E-Register: Value of Creating a Registry of E-VAPE
VINCENT M. BALANAG, JR. MD, FPCP, FPCCP
Director, Lung Center of the Philippines


FDA Regulations on VAPE
ENGR. ANA TRINIDAD RIVERA MSC
Food and Drug Administrator Director


DOH National Policies on Vape
BOSS B. SOBREMESANA MD, MPH
Department of Health

Moderators:


MARIA LOWELLA F. DE LEON MD, FPCP, FPCCP
Fellow, PCCP


GLYNNA ONG-CABRERA MD, FPCP, FPCCP
Chairman, Control on Cigarettes and Air Pollution, PCCP

Video Communications
Meeting ID: xxxxxxxxxx
Passcode: xxxxxx



Council on Diagnostics and Therapeutics



Maria Cristina A. Maranion, MD, FPCCP
Chairman, Council on DATS

The Council on DATS has 62 active members

Advocacies



The banner features a light blue and purple gradient background. In the top left, there is a Facebook Live logo. In the top center, the logo of the Philippine College of Chest Physicians (PCCP) is displayed, featuring a map of the Philippines and the year 1973. The main title 'Lay Fora on SPIROMETRY' is written in a large, stylized font, with 'Lay Fora on' in purple and 'SPIROMETRY' in pink. Below the title, the date and time 'SEPTEMBER 10, 2022 (Saturday) 3 PM' are listed. A Zoom logo and meeting details are provided: Meeting ID: 885 2150 4843, Passcode: 013719. Two women are featured: Angelica Pearl Reyes, MD, on the left, and Maria Cristina A. Maranion, MD, FPCCP, on the right. The PCCP logo also includes the text 'PHILIPPINE COLLEGE OF CHEST PHYSICIANS' and '1973'.

Facebook LIVE

PHILIPPINE COLLEGE OF CHEST PHYSICIANS
1973

Lay Fora on
SPIROMETRY

SEPTEMBER 10, 2022
(Saturday) 3 PM

zoom Meeting ID: 885 2150 4843
Video Communications Passcode: 013719

MARIA CRISTINA A. MARANION, MD, FPCCP
SPEAKER
CHAIRMAN, COUNCIL ON DIAGNOSTICS AND THERAPEUTICS

MODERATOR: ANGELICA PEARL REYES, MD

- Recommendation for the Resumption of Urgent and Elective lung-Related Procedures during the COVID-19 Pandemic (April 2022 Interim Update) – publication
- Pulmonary Function Testing During the COVID-19 Pandemic and Beyond (Lung Month Celebration, in collaboration with COPD Council) – hybrid at Grand Hyatt Hotel
- Spirometry Lay Fora (Spirometry Week) – online
- PCCP Statement on the Use of Herbal Supplements for Lung Health – publication
- PCCP Simulation Center Feasibility Study Report – publication

Training/CME

- PCP IM Bootcamp ABG Workshop – onsite workshop, PICC
- Spirometry workshop for FITs – onsite workshop, Crowne Galleria



Future Plans

1) Update Consensus Guidelines for Spirometry

- Update Consensus
- Guidelines for ABG
- interpretation

2) Continue with annual Spirometry workshop



The Council on Interventional Pulmonology

Julius Ceasar Dalupang, MD, FPCCP

Chairman, Council on Interventional Pulmonology

53 active members



Activities 2022-2023

Drafting of Consensus Statement on Bronchoscopy and Pulmonary Procedures

Bronchoscopy Workshop
June 2022

Drafting and Approval of Constitution for Philippine Society for Bronchoscopy and Interventional Pulmonology

Submission and Approval of standardized Bronchoscopy Report

Future Plans for 2023 - 2024
Final Approval of the Consensus Statement Printing of the Consensus Statement Dissemination of the Consensus Statement
Bronchoscopy Workshop Back to Basics June 2023
Interhospital Bronchoscopy Conference
Pocket Workshops on Pulmonary Procedures (Pleura)



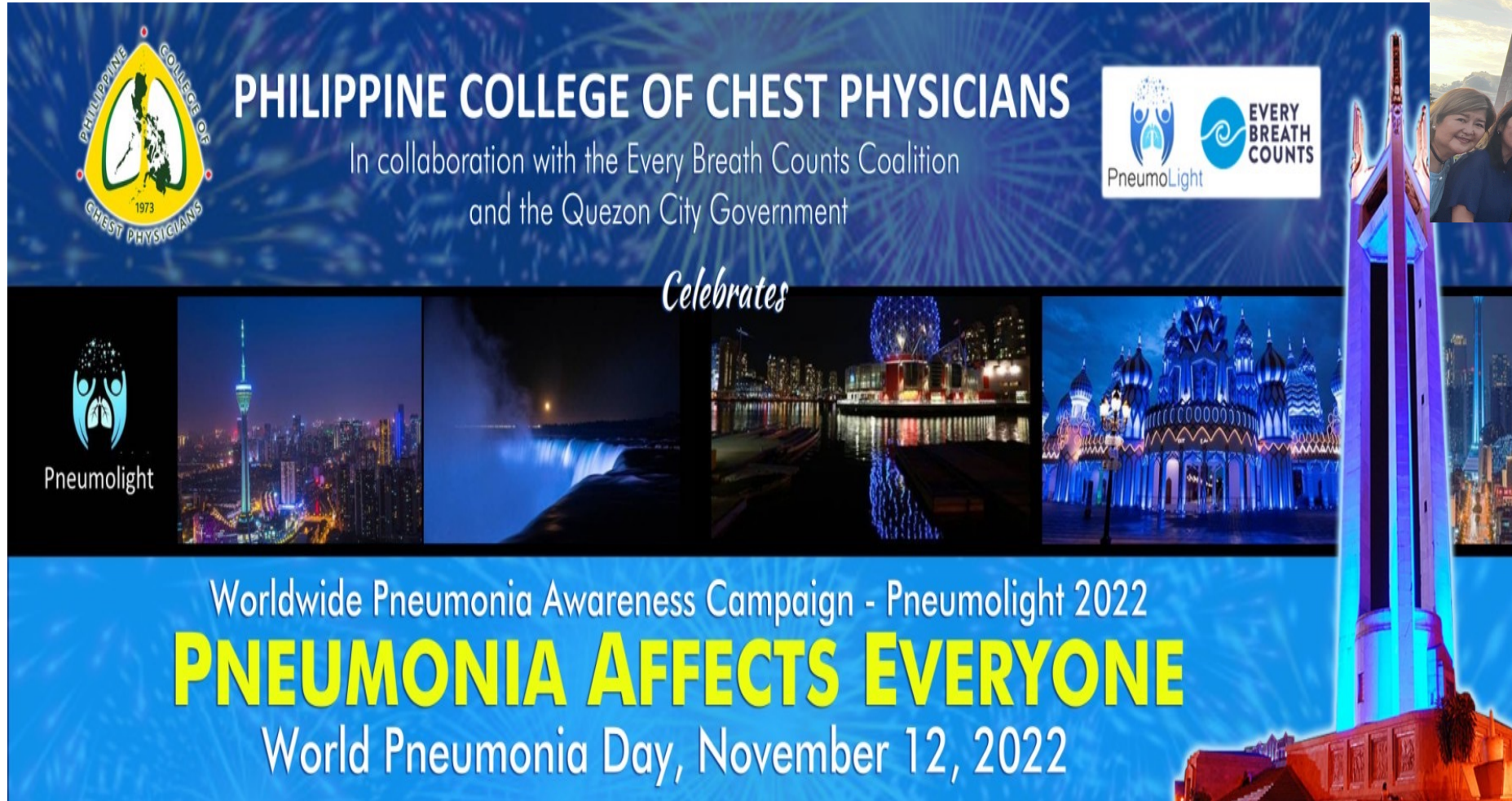
Council on Lung Infections





Rodolfo S. Pagcatipunan, MD, FPCCP
Chairman, Council on Lung Infections

The Council on Lung Infections has 97 total members.


Advocacy



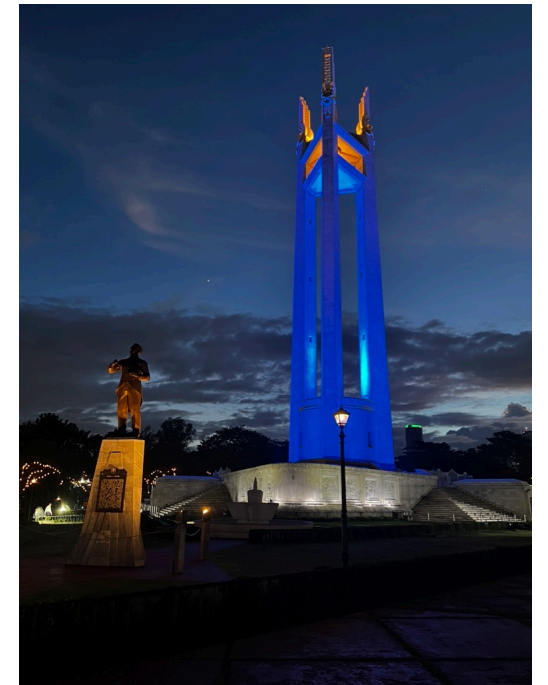
 **PHILIPPINE COLLEGE OF CHEST PHYSICIANS**
In collaboration with the Every Breath Counts Coalition
and the Quezon City Government

 **EVERY BREATH COUNTS**

Celebrates

 **Pneumolight**

Worldwide Pneumonia Awareness Campaign - Pneumolight 2022
PNEUMONIA AFFECTS EVERYONE
World Pneumonia Day, November 12, 2022



inFACTivity 2023 -April 20 and 21, 2023 (9am to 3pm)

Day 1 – April 20, 2023 (Thursday)	
TIME	ACTIVITY
09:00 – 09:30AM	Opening Prayer National Anthem PCCP Hymn Opening Remarks Welcome Remarks
09:30 – 10:15AM	The air we breathe - effect on lung infection incidence Objective: To determine/describe the effect of the changes in our environment on the incidence of community acquired pneumonia
10:15 – 10:30AM	Morning break symposium
10:30 – 11:30AM	Pneumonia a neglected disease: use of social media to create awareness Objective: To describe the role of social networks (particularly FB) as a means to raise awareness over pneumonia and increase its visibility
11:30AM – 12:30NN	Lunch Symposium
12:30NN – 01:45PM	New Therapeutics strategies for pneumonia beyond antibiotics Objective: Beyond Antibiotics: what are the New Therapeutic

Day 2 – April 21, 2023 (Friday)	
TIME	ACTIVITY
09:15 – 09:30AM	Summary of Day 1, Introduction to Day 2
09:30 – 10:15AM	Cost-effectiveness of measures in the prevention of ventilator-associated pneumonia <i>Objective: To discuss the cost-effectiveness of measures used in the prevention of ventilator associated pneumonia</i>
10:15 – 10:30AM	Morning break symposium
10:30 – 11:30AM	Role of targeted immunomodulation in the treatment of pneumonia <i>Objective: To define immunomodulation and describe its potential use in the treatment of pneumonia</i>
11:30AM – 12:30NN	Lunch Symposium
12:30NN – 01:45PM	Nutritional and Environmental drivers for healthy microbiome in the prevention of lung Infection Objective: Discuss the nutritional and environmental factors that contribute to maintain a healthy lung microbiome
01:45 – 02:00PM	Afternoon break symposium on lung infection / vaccination Closing Remarks

InFACTivity: April 20-21, 2023

Day 1 – April 20, 2023 (Thursday)	
TIME	ACTIVITY
<u>09:00 – 09:30AM</u>	Opening Ceremonies
<u>09:30 – 10:15AM</u>	AIR QUALITY and PULMONARY INFECTIONS – is there a link? Daniel Croft MD, MPH, ATSF (he/him/his) University of Rochester Medical Center
<u>10:15 – 10:30AM</u>	Morning break symposium
<u>10:30 – 11:30AM</u>	Strengthening The Armamentarium Against Bacterial Respiratory Infections Scott Evans MD University of Texas MD Anderson , Houston Texas

Day 1 – April 20, 2023 (Thursday)

TIME	ACTIVITY
<u>11:30AM – 12:30NN</u>	Lunch Symposium
<u>12:30NN – 01:45PM</u>	SoMe Savvy: Increasing awareness on lung infections through social media Dr Catia Cilloniz, Associate Professor at the University of Barcelona
<u>01:45 – 02:00PM</u>	Afternoon break symposium on lung infection / vaccination Closing for Day 2

InFACTivity: April 20-21, 2023

Day 2 – April 21, 2023 (FRIDAY)	
TIME	ACTIVITY
<u>09:15 – 09:30AM</u>	Summary of Day 1, Introduction to Day 2
<u>09:30 – 10:15AM</u>	Cost-effectiveness of measures in the prevention of ventilator-associated pneumonia
<u>10:15 – 10:30AM</u>	Morning break symposium
<u>10:30 – 11:30AM</u>	Role of targeted immunomodulation in the treatment of pneumonia
<u>11:30AM – 12:30NN</u>	Lunch Symposium

Day 2 – April 21, 2023 (FRIDAY)

TIME	ACTIVITY
<u>11:30AM – 12:30NN</u>	Lunch Symposium
<u>12:30NN – 01:45PM</u>	Nutritional and Environmental drivers for healthy microbiome in the prevention of lung Infection
<u>01:45 – 02:00PM</u>	Afternoon break symposium on lung infection / vaccination
	Closing Remarks

Future plans

Capacity building for Lung Infection Council members – partner with a training center (e.g. Charles Dela Cruz) for further training on Lung Infections

Infactivity 2024- CME activity for Lung Infections

Maintain participation in the advocacy for pneumonia

Maintain participation in the CPG-TWG for Community Acquired Pneumonia



Council on Lung Malignancy



Randy Joseph T. Castillo, MD, FPCCP
Chairman, Council on Lung Malignancy

The Council on Lung Malignancy has 103 active member

Advocacies

- Lung Cancer Awareness Month



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
1973
The Lung Experts

NOVEMBER
Lung
CANCER
Awareness Month

Health Pilipinas

Lay Forum on Lung Cancer
BUKOL SA BAGA: Mga Dapat Alamin, Atbp.

November 5, 2022 (Saturday) | 03:00 PM

SPEAKER:
MAY SABANDO, MD, FPCCP

WELCOME REMARKS:
BEVERLY LORRAINE C. HO, MD, MPH
OIC Undersecretary of Health
Public Health Services Team

MODERATOR:
GENEVIE OMBAO

zoom
Video Communications

Meeting ID: 844 7103 4600
Passcode: 697964



PHILIPPINE
Sunday
INQUIRER

November 20, 2022 • 3 Sections | Vol. 37 No. 345 | P20

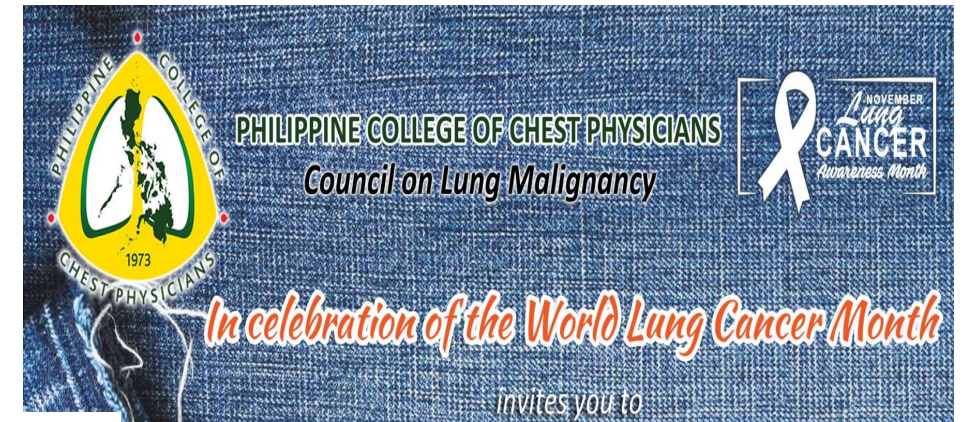
PHILIPPINE COLLEGE OF CHEST PHYSICIANS
Council on Lung Malignancy

HEALING THROUGH Art

IN PARTNERSHIP WITH
Sip + Gogh
Paint and Sip Studio

November 19, 2022 | 2-5 PM
Limited Slots 40 pax
Lung Center of the Philippines OPD Complex
For Registration please contact 0917-8990553

STROLL AFTER THE RAIN Rosalinda Tan (right), who at 71 is being treated for lung cancer, joins other patients in a "Healing Through Art" session on Saturday in Quezon City. The participants are reproducing an artwork titled "Stroll After the Rain," symbolizing their common journey as they deal with their medical one of the hospital events in observance of Lung Cancer Awareness Month. —VIN MILLON



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
Council on Lung Malignancy

NOVEMBER
Lung
CANCER
Awareness Month

In celebration of the World Lung Cancer Month

Invites you to



DENIM FRIDAYS



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
Council on Lung Malignancy

HEALING THROUGH Art

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PHILIPPINE COLLEGE OF CHEST PHYSICIANS

Swap your Cigarette CAMPAIGN

We invite those who would like to quit smoking, to commit with us towards better lung health.

November 19, 2022 | Lung Center of the Philippines

Healthy Pilipinas

NOVEMBER
Lung
CANCER
Awareness Month



Lung Cancer Awareness Month

Knowledge is used to see denim and to locate small lung tumors for resection.
The key to early detection is awareness. Help us catch lung cancer in its early stages!




Supporting the Fight
against Lung Cancer
(Denim Friday
Week 1)
Cardinal Santos Medical Center
Pulmonology



#PCCP #PCCPAdvocacy #HealthyLungsforEveryFilipino

CME



The Philippine College of Chest Physicians in partnership with Roche (Philippines) Inc. cordially invites you to




A Tale of Programmed Death-Ligand 1 (PD-L1) Non-Small Cell Lung Cancer (NSCLC)
Break the Viral Cycle: Managing Influenza and COVID in a New Era of Healthcare

FEATURED SPEAKERS




Dr. Jerry Tan Chun Bing




Dr. Daniel Tan




Dr. Jubert Benedicto



Dr. Rontgene Solante



Wednesday July 20, 2022



6:00PM – 7:30PM PST



Scan the QR code to register or visit
<https://qr.page/g/2fLFh8344v>

REGISTRATION IS FREE!
5 PCCP CME Units

NOTE: This online learning is included as part of continuing medical education program of PCCP and should not be regarded as an endorsement of any product.

For Healthcare Professionals Only

Please review product information before prescribing.

Full prescribing information available upon request from philippines.medinfo@roche.com.

For medical information queries and product quality complaints, please email: philippines.medinfo@roche.com.

For suspected adverse drug reaction, please report to the Food and Drug Administration (FDA) at www.fda.gov.ph and to the Roche (Philippines) Inc. Local Safety Unit via email at philippines.drug_safety@roche.com.

At the first sign of any drug reaction, the patient should seek medical attention immediately.

Date of production: July 2022



Roche (Philippines) Inc.
Unit 801, 8th Floor, The Finance Centre,
9th Ave cor 26th St, Bonifacio Global City,
Taguig City, 1634, Philippines
Trunk Line: +63-2-7718-7777



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
Council on Lung Malignancy

HEALING THROUGH Art



IN PARTNERSHIP WITH



November 19, 2022 | 2-5 PM
Limited Slots 40 pax
Lung Center of the Philippines OPD Complex
For Registration please contact 0917-8990553



Patient Resources



Council on Lung Malignancy **LUNG CANCER** Primer for Primary Care Physician

Risk Factors

Smoking

- Active Smoking
- Second Hand Smoke

Environmental and Occupational Exposure

- Exposure to radon and asbestos
- Biomass fumes (wood and coal)
- Atmospheric air pollution
- Silica, cadmium, asbestos, arsenic, beryllium, chromium, diesel fumes, nickel, coal smoke, and soot.

First-degree relative of a lung cancer



Common symptoms

Symptoms	Patients (%)
COUGH	45-75
WEIGHT LOSS	8-68
DYSPNEA	37-58
HEMOPTYSIS	27-57
CHEST PAIN	27-49
HOARSENESS	2-18



History and Physical Examination

SYMPTOMS ELICITED IN HISTORY

- Constitutional- weight loss > 10 lb
- Musculoskeletal - focal skeletal pain
- Neurologic- headaches, syncope, seizures, extremity weakness, recent change in mental status

SIGNS FOUND ON PHYSICAL EXAMINATION

- Lymphadenopathy (>1 cm)
- Hoarseness
- Superior vena cava syndrome
 - may present with dilated neck veins, prominent venous pattern on the chest, facial edema, plethora
- Bone tenderness
- Hepatomegaly (>13 cm span)
- Focal Neurologic signs, papilledema
- Soft tissue mass
- Unilateral wheezing

Diagnostic work-ups:

Chest xray PA/lateral
Chest CT scan with contrast

Definitive Diagnosis

Biopsy

LUNG CANCER SCREENING

50-79
years old

CURRENTLY
smoking

OR

QUIT
in the last
15 YEARS

20 PACK YEAR
smoking history

20
PACK YEAR
HISTORY

FAMILY HISTORY
first degree relative
(parents, brother or sister, children)
WHO IS A NON-SMOKER WITH LUNG CANCER

If your patient fulfills any of the following
Do a 15 min low dose CHEST ct scan
(painless, non-invasive, no preparations)

**IF WITH HIGH SUSPICION OF LUNG MALIGNANCY, REFER TO SPECIALIST
(Pulmonologist/Oncologist)**



COUNCIL ON LUNG MALIGNANCY

LUNG CANCER

PATIENT INFORMATION GUIDE



1

COMMON SYMPTOMS

- PERSISTENT COUGH
- UNEXPLAINED WEIGHT LOSS
- COUGHING UP BLOOD
- DIFFICULTY OF BREATHING
- CHEST PAIN
- HOARSE VOICE
- FREQUENT LUNG INFECTIONS

2

RISK FACTORS

- ADVANCING AGE (>50 YEARS OLD)
- SMOKING OR HAVE QUIT WITHIN THE PAST 15 YEARS
- SECOND-HAND SMOKING
- PERSONAL OR FAMILY HISTORY OF CANCER
- EXPOSURE TO AIR POLLUTION
- PRIOR RADIATION TO CHEST
- EXPOSURE TO CANCER-CAUSING AGENTS
 - INHALED CHEMICALS
 - BIOMASS
 - PETROLEUM PRODUCTS
 - WELDING FUMES
 - RADON
 - ASBESTOS
 - ARSENIC
 - SILICA
 - CHROMIUM



3

SCREENING

CONSULT YOUR DOCTOR IF YOU HAVE ANY OF THE ABOVE SYMPTOMS AND RISK FACTORS FOR PROPER SCREENING PROCEDURES (LIKE CHEST X-RAY OR LOW-DOSE CT SCAN)

4

DIAGNOSIS

BIOPSY

TREATMENT OPTIONS

SURGERY
RADIOTHERAPY
CHEMOTHERAPY



COUNCIL ON LUNG MALIGNANCY

KANSER SA BAGA

GABAY NA IMPORMASYON PARA SA PASYENTE



1

KARANIWANG SINTOMAS

- PABALIK-BALIK NA UBO
- HINDI MAIPALIWANAG NA PAGBABA NG TIMBANG
- PAG-UBO NG DUGO
- HIRAP HUMINGA
- PANANAKIT NG DIBDIB
- PAMAMAOS
- MADALAS NG IMPEKSYON SA BAGA

2

RISK FACTORS

- EDAD >50 TAONG GULANG
- NANINIGARILYO O TUMIGIL SA NAKARAANG 15 NA TAON
- SECOND-HAND SMOKING
- MAY SAKIT NA KANSER O LAHI NG KANSER SA PAMILYA
- EKSPOSYUR SA MGA BAGAY NA NAGDUDULOT NG KANSER (E.G NALALANGHAP NA KEMIKAL, PRODUKTONG PETROLYO, BIOMASS, WELDING FUMES, RADON, ASBESTOS, ARSENIC, SILICA, CHROMIUM, ETC)
- EKSPOSYUR SA POLUSYON
- NAGPARADIATION SA DIBDIB



3

SCREENING

KUMONSULTA SA DOKTOR KUNG MAYROON KANG SINTOMAS AT RISK FACTORS PARA SUMAILALIM NG SCREENING (TULAD NG X-RAY SA BAGA O LOW-DOSE CHEST CT SCAN)

4

DIAGNOSIS

BIOPSY

TREATMENT OPTIONS

OPERASYON
RADIOTHERAPY
CHEMOTHERAPY



Future Plans

Template for Lung Cancer Registry

**Lung Cancer Awareness Month: Denim Friday
Campaign and Lay Forum**

TNM Staging Refresher Course

**Solitary Pulmonary Nodule
CPG**

**Continue quarterly meeting and update
membership list**



Council on Sleep Medicine

Rodolfo V. Dizon, Jr, MD, FPCCP
Chairman, Council on Sleep Medicine

The Council on Sleep Medicine has 57 active member



2022 Activities

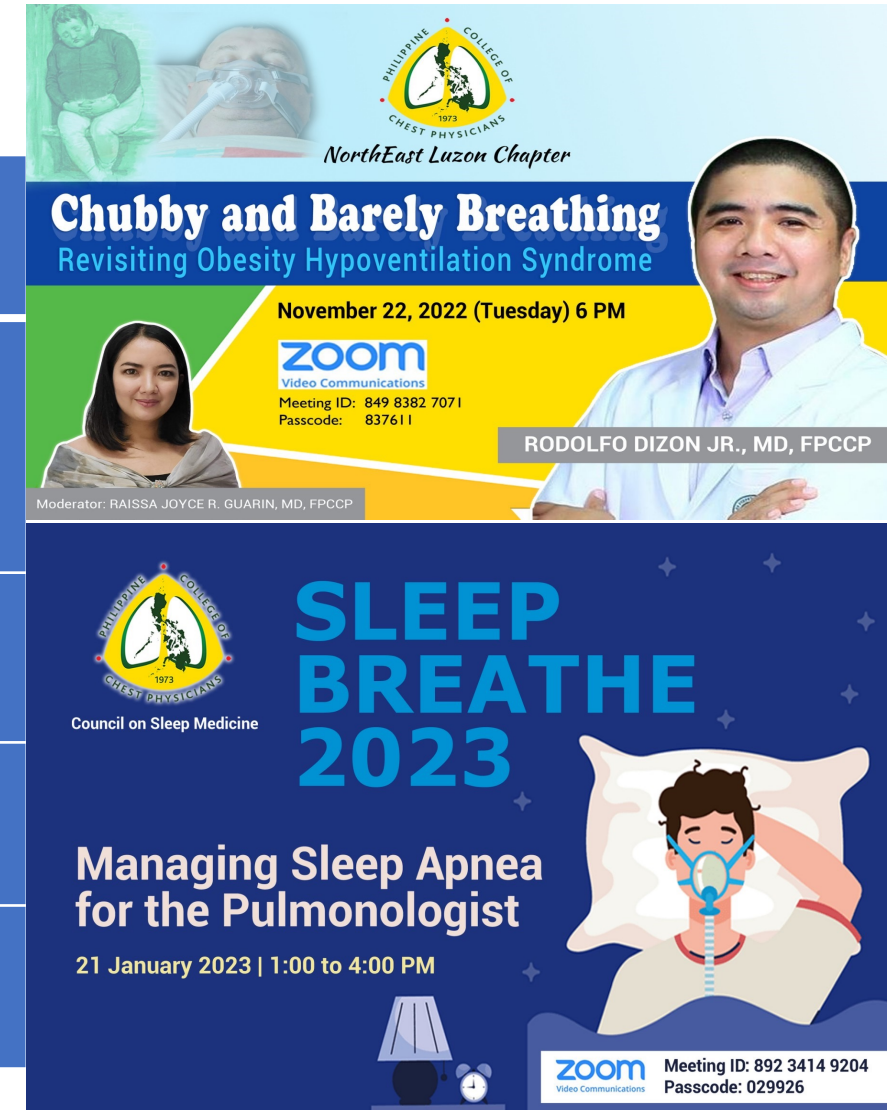
World Sleep Day Celebration

Polysomnogram and Positive Airway Pressure Online Course
(Sleep Breathe)

Evidenced Based Medicine Workshop Participation

Registry Workshop Participation

PCCP Annual Convention Participation



Chubby and Barely Breathing
Revisiting Obesity Hypoventilation Syndrome

November 22, 2022 (Tuesday) 6 PM

zoom
Video Communications
Meeting ID: 849 8382 7071
Passcode: 837611

RODOLFO DIZON JR., MD, FPCCP

Moderator: **RAISSA JOYCE R. GUARIN, MD, FPCCP**

SLEEP BREATHE 2023

Managing Sleep Apnea for the Pulmonologist

21 January 2023 | 1:00 to 4:00 PM

zoom
Video Communications
Meeting ID: 892 3414 9204
Passcode: 029926

Future Plans

World Sleep Day Celebration

Polysomnogram and Positive Airway Pressure Course

Updated Clinical Practice Guidelines for Adult Obstructive Sleep Apnea

**Printed Materials for Patients
(Sleep Apnea and PAP use)**

PCCP Annual Convention Participation



Council on Tuberculosis

Elizabeth V. Cadena, MD, FPCCP
Chairman, Council on Tuberculosis



CME/Training

2022 YEAR-IN-REVIEW GAME CHANGERS IN TB MANAGEMENT



Speaker **Professor Guy Marks**
President, The Union
Honorary Professor of Medicine
University of New South Wales



Moderator **Maria Cristina A. Marañon, MD, FPCCP**
Chair, Council on Diagnostics and Therapeutics
Member, TB Council

**DECEMBER 9, 2022
2:00PM**

Meeting ID: 844 1562 0874
Passcode: 131842d1





2022 Online PhilCAT Convention

August 3, 10, 17, 24 & 31
Session starts at 2 PM

AUG 03 **Universal Health Care: Integrating TB Services Across the Life Stages**
2:00 – 4:00 PM
Department of Health (DOH)

AUG 10 **Addressing Childhood TB with An Easy and Effective Tool**
2:00 – 4:00 PM
Philippine Pediatric Society (PPS)
Pediatric Sub-Specialty Societies
Philippine Ambulatory Pediatric Associations (PAPA)

AUG 17 **Highlighting DS-, DR- and Latent TB Treatment: Global Guidance, Country Perspectives and Plans**
2:00 – 4:00 PM
Tropical Disease Foundation (TDF)
Philippine Society for Microbiology and Infectious Diseases (PSMID)
Philippine College of Chest Physicians (PCCP)
FHI 360

AUG 24 **PhilCAT General Assembly: Taking Stock of What's New in 2022**
2:00 – 4:00 PM
PhilCAT

AUG 31 **Race to End TB 2022: Bouncing Back Better, Together**
2:00 – 4:30 PM
Department of Health (DOH)

August is National Lung Month

Kumunsulta sa inyong Primary Care Provider para sa karagdagang impormasyon.

Register at least one day before the session.
PhilCAT will send the registration links soon.

2022 Online PhilCAT Convention

Highlighting Drug-Sensitive (DS), Drug-Resistant (DR) and Latent TB Treatment: Global Guidance, Country Perspectives, Progress and Plans

August 17, 2022
2:00 PM - 4:00 PM
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Opening Remarks

Session 3

Speakers

DR. JULIUS LECCIONE, PhD, DPA
President and CEO
Tropical Disease Foundation

DR. MARY ROSARY TAGUINOD-SANTIAGO, MPH
Latest WHO Guidelines On Drug-Susceptible (DS) And Drug-Resistant (DR) TB Treatment in Adults
TB/OR TB Technical Advisor
TB Innovations and Health Systems Strengthening RH360

DR. MARIA IMELDA QUELAPIO, DPCP, FPSMID
Evidence Base For The New Regimens For DS- And DR-TB (Study 31, NIX, ZENIX, Practical TB Trials)
Consultant, LFT TB (TB Alliance, International TB Research Center (INTC), 2021)
Member TB Technical Advisory Group and Regional Green Light Committee Western Pacific Region

DR. RONALD ALLAN M. FABELLA, MPH
Next steps: Progress of NTP implementation of Latent TB treatment and NTP plans for the uptake of new DS-TB and DR-TB treatment regimens in the context of Universal Health Care in the Philippines
TB Advisor
Infectious Disease and Adult Health Division, Disease Prevention and Control Bureau
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Panelists

DR. MARY ROSARY TAGUINOD-SANTIAGO, MPH
1st BPAI, Graduate
Pre-XDR-TB Survivor
TBPeople Philippines

MS. ANNA KRISTINA PELAYO
PMOT Clinical Head/Physician
Eversley Childs Sanitarium and General Hospital PMOT Clinic
(BPAI Operational Research Site)

DR. ALIMAR I. NASSAIE, FPSMS
Chief
Infectious Diseases and Adult Health Division
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DR. GERARD BELIMAC, MPH
Chief
Infectious Diseases and Adult Health Division
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Moderators

DR. LALAINA MORTERA, FPCCP, FCCP, FPCCP
Head of the Section of Infectious Diseases, Makati Medical Center
Vice President of the Philippine Society for Microbiology and Infectious Diseases, Board of Director Philippine Coalition Against Tuberculosis

DR. JANICE CAOLIL, FPCCP, FPSMID
Vice President of the Philippine Society for Microbiology and Infectious Diseases, Board of Director Philippine Coalition Against Tuberculosis

Closing Remarks

DR. IMELDA MATEO, FPCCP, FPCCP
President
Philippine College of Chest Physicians

CME/CPD UNITS
PCCP - 15 CME Units
PPS - 2 CPD Units
PMA - 5 CPD Units
PCP - 3 CPD Units

Konsulta sa inyong Primary Care Providers
#TBFreePH

Patient Resources

COMMON ADVERSE DRUG REACTIONS OF ANTI-TB TREATMENT

Mga Di Kainii-Nais na Epekto ng mga Gamot sa Baga

MINOR ADVERSE REACTIONS

- Gastrointestinal Intolerance
Pagbigay, paghahab ng tiyan, o Pananakit ng tiyan o silomura
- Mild or localized skin reactions
Pangangati sa balat
- Orange OR Red colored urine
Kulay pula o kahel na ihi
- Burning sensation in the feet due to peripheral neuropathy
Panananakit o gaburamdam na may tumutusk sa iyong mga daliri sa kamay o sa paa
- Flu like symptoms (fever and muscle pain)
Mga sintomas katulad ng trangkaso (lagnat at pananakit na mga kasukasan)

WHAT TO DO? ANO ANG DAPAT GAWIN?
Continue TB medications while taking symptom-based treatment. Tuloy ang pag-iinom ng gamot sa TB habang umiisang ng gamutan batay sa sintomas.

MAJOR ADVERSE REACTIONS

- Severe Skin rash due to hypersensitivity reactions
Pangangati at pagpapatal sa balat ng buong katawan
- Jaundice due to hepatitis
Paniilaw ng mata o ng balat
- Impairment of visual acuity and color vision due to optic neuritis
Pagbabago sa pangingin tulad ng panlalabo
- Hearing impairment, ringing of the ears, dizziness due to damage of the eighth cranial nerve
Pagbabago sa iyong pandinig tulad ng pag-uugong ng talinga at may kasamang pagkahilo

WHAT TO DO? ANO ANG DAPAT GAWIN?
STOP TB medications and refer to specialist. ITIGIL ang gamutan sa TB at sumagong sa espesyalista.

PREVENTION AND CONTROL

Pag-iwas at Pag-Kontrol

LATENT TB

- SLEEPING TB DEMO TB AT TULOS
- DOES NOT MAKE YOU FEEL SICK BULAGAN ALINGANG SINTOMAS
- CANNOT SPREAD TO OTHER PEOPLE HINAY NAKAKALAMANG
- TESTED WITH TB SKIN TEST OR BLOOD TEST POSTERIG AND BAK TEST O DUVID
- CAN BE PREVENTED! MAAGANG ISASALIN

ACTIVE TB

- TB DEMO ARAKAS AND GROWING BIKEDTO NG TB AY DEMO AT DUNAWAN
- USUALLY MAKES YOU FEEL SICK BIKALAS NG SINTOMAS
- CAN SPREAD TO OTHER PEOPLE NAKAKALAMANG
- TESTED WITH SPUTUM TEST AND CHEST X-RAY NAKITA SA CHEST X-RAY AT PAGSURI NG PLEMA
- CAN BE CURED! MAAGANG GUNAWAN

PHILIPPINE COLLEGE OF CHEST PHYSICIANS

TB Council

DO I HAVE TB? MAYROON BA AKONG TB?

Any of the following 4 Cardinal symptoms, lasting two weeks or more: Alin man sa 4 na pangunahing sintomas na ito, na nagtatagal ng dalawang linggo o higit pa:

- Cough Ubo
- Unexplained fever Di mapalwanag na lagnat
- Unexplained weight loss Di mapalwanag na paghaha ng timbang
- Night sweats Pagkawis sa gabi

Others: Iba pang Sintomas:

- Chest or back pain Pananakit ng dibdib o likod
- Shortness of breath Hinahapo o hirap huminga
- Coughing out of blood Pirmang may dugo

Consult your doctor if you have these signs and symptoms to find out if you have TB. Because TB is treatable. Kumonsulta sa inyong doktor kung saw ay may sintomas upang mapag-alaman kung ikaw ay may TB. Dahil ang TB ay nagagamot.

TRANSMISSION

Pagkahawa

Droplets from a cough or sneeze by an infected person

Mycobacterium tuberculosis Tuberculosis

TB is spread from person to person through the air. When an untreated infected person coughs, sneezes, talks or sings, the airborne particle released is inhaled by another person and becomes infected.

Ang paglagaanap ng TB ay sa pamamagitan ng hangin. Kapag ang taong may TB ay umubo, bumahing, nagsalita o kumanta, pwede siyang makahawa dahil ang mikrobyo ng TB ay kanyang inilalabas sa hangin.

Maaari itong masagap ng iba sa kanilang paghinga at sila ay magkaroon din ng TB.

DIAGNOSIS

Pagsuri

A Presumptive TB patient (with one of the Cardinal symptoms or a positive chest X-ray) needs to have his/her phlegm examined through Rapid TB Diagnostic Test such as Gene Xpert to confirm the diagnosis of TB.

Ang pasyenteng Presumptive TB (na may isa sa mga pangunahing sintomas o positive chest xray) ay kailangang magpasuri ng plema sa pamamagitan ng Rapid TB Diagnostic test tulad ng Gene Xpert para makumpirma ang TB.

TREATMENT

Gamutan

It is important to take the recommended regimen of anti-TB treatment to avoid the risk of drug resistance and complicated course

Mahalagang inumin ng tama ang rekomendadong rehimen sa gamutan ng TB upang malwasan ang panganib ng hindi pagtala ng gamot sa pasyente at iba pang komplikasyon.

Complete the prescribed 6-month course of treatment for drug susceptible TB even if you feel better early on. (2 months intensive phase and 4 months maintenance phase)

Kumpletuhin ang itinakdang 6 na buwang gamutan para sa "drug susceptible TB" kahit na nakakaranas na ng agarang ginhawa (2 buwang masinisnang gamutan at 4 na buwang pagpapatuloy na gamutan)

The number of tablets that one must take depends on the patient's weight.

Ang bilang ng tabletang linumin ay depende sa timbang ng pasyente.

Remember, it is only the doctor who shall advise on when to stop treatment.

Tandaan, ang doktor lamang ang maaaring magpatigil ng gamutan.



Council on Occupational and Interstitial Lung Diseases



Celeste Mae Campomanes, MD, FPCCP
Chairman, Council on OILD

The Council on OILD has 59 active member

2022 Activities

Completed patient education primers

Post Graduate Course: Building the Gaps in ILD

ILD Registry development (with Boehringer

ILD MDD Project (with training institutions)

Webinars with pharmaceutical companies

ISAP (Integrates Special Access Program (with BI)

Future Plans

ILD Support Group

Learning modules: PF-ILD, HP, Post-COVID pulmonary fibrosis

Philippine Society of Orphan Disorders (PSOD) and Universal Health Care (UHC) Watch: “Sustaining Gains and Balancing Priorities: Implementation of Rare Disease Act for 2023”

Collaborate with DATS, IP and Thoracic Radiology for position statements

ready, the ethics session has a good number of attendees mostly from our senior colleagues. However, we noticed the inconsistent attendance of our fellows-in-training. The activities for the sunrise symposia (debate, quiz contest, ethics) are indeed prepared specifically for the trainees so their attendance and participation are a must.

This is also to emphasize that attendance to the ethics symposium is part of the evaluation tool under Professional Learning Outcome 2 for both Level 1 and 2 based on the 2020 PCCP OBE Curriculum's intended learning outcome.

To ensure actual documentation of participation and facilitate the certificate of the attendance, we will resume the mechanics previously done.

1. Attendance sheet at the entrance should be signed by the trainee between 7:45-8:00 AM **ONLY** for sign-in.
2. Attendance sheet at the entrance should be signed by the trainee between 9:00-9:15 AM **ONLY** for sign-out.
3. Certificate of attendance will be given to those with **COMPLETE** documentation of attendance.

We know that as mentors, you are one with us in providing useful learning opportunities for our trainees and we trust that the ethics session is considered a priority.

